

October 11, 2009

Balance studio is looking for instructors to occupy space in our 3000 sq foot fitness studio. We offer 3 separate spaces for rent including a fully equipped pilates equipment studio and two open rooms suitable for dance, yoga, indoor boot camp and/or other types of fitness classes.

You will have access to:

- Access to our client bi-monthly newsletter that is received for over 1000 local clients
- Ability to add a class description and bio on our current website
- Will receive one free week of room rental to allow for a promotional class if you choose
- Access to our small equipment which includes: stability balls, pilates mats, yoga mats, yoga blocks and straps, pilates full and half rollers, ballet bars, thera bands, small pilates balls and strength tubing
- Any additional help with promotional material such as business cards and pamphlets can be arranged for an additional fee

The space:

- Located in a beautifully maintained professional building right downtown, we have access to a parkade directly across the street for ease of parking
- The studio is professionally cleaned once per week and is very clean and professional in appearance
- Our group fitness rooms have laminate floors, mirrors and sound systems and have both recently been painted
- The larger space would accommodate a class of 16-20 and the smaller spacer would fit a class of 10-12
- Our pilates equipment room is equipped with 4 Stott reformers, 4 Wall Units and 1 Chair, 4 Stott rings, bosus, an assortment of medicine balls, body bars and small free weights – in order to rent our pilates equipment space you must be a certified pilates equipment instructor

We will be renting out space per hour and will require a minimum of a 6 week session to be paid before the commencement of your first class. Space will be rented on a first come, first serve basis for a rental fee of \$25.00 per hour. To view rental availability please visit our website http://www.balancevictoria.com/rental_schedule.cfm

We look forward to meeting and helping you attain success as an instructor so please do not hesitate to contact us if you have any further questions or would like to view the rental space.

Thanks

Monica Candy, Kevin Psaila & Naoya Kusano